



Navigating as We Age: Changes & Choices

**We all need to make end of life decisions on
Legal, Financial, Emotional & Medical Issues**

**This ZOOM course helps us
Explore, Understand and Document Them.**

You will Get:

- **Over 25 Expert Speakers**
- **Strategies for Couples and Singles**
- **Skills to discuss these issues with loved ones, agents**
- **A Small Interactive Class of 12 Participants**
- **2 Self-Guided Research Libraries**
- **13 Week Series**

Visit www.riderwoodlife.org Enter Caring Connections in Search Box
For Information, Registration & Frequently Asked Questions

Dates: Oct 12, 2020-Jan 18, 2021 Mondays 1-3, via ZOOM

Holiday break Dec 21, 28.

REGISTER Online Tuesday, Sept 29, 2020 at 9 am

Participants are Required to Have:

- **Computer literacy for class and to research online resources**
- **Access to tablet, computer or smart phone with camera**
- **Ability to learn actively / participate in course requirements**
- **Commitment to a 13-week involvement; individual homework**

Sponsor: Caring Connections Partnership of Social Workers and Residents