

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

<p>Programs are subject to change based on resident needs and desires.</p> <p>**Baindu is not here on Sundays and Mondays</p> <p>EV1- Evergreen 1; EV2- Evergreen 2; GR- Garden Room</p>						
1	2	3	4	5		
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	<h1 style="margin: 0;">June 2021</h1> <h2 style="margin: 0;">EVERGREEN TERRACE 1 & 2</h2>		

Programs are subject to change based on resident needs and desires.

****Baindu is not here on Sundays and Mondays**

EV1- Evergreen 1; EV2- Evergreen 2; GR- Garden Room

9:00 Morning Greetings
10:30 Fitness matters-EV 1
11:00 Social Media Trivia-EV 1
2:00 Room Visits
2:30 BINGO-EV1

9:00 Morning Greetings
10:30 Chair Exercise: Full Body Workout –EV 2
11:00 Sing Along-EV2
2:00 Garden Walk
2:30 ART –EV2
3:30 Snacks Social-EV2

9:00 Morning Greetings
10:30 Bell Choir-EV1
11:00 Inspiration W/ Pastor Lyons –EV1
2:30 Happy Hour Steve Flynn-GR

9:00 Morning Greetings
10:30 Chair Exercise: Tone & Stretch –EV 2
11:00 Sing Along-2
2:00 Afternoon Matinee and Popcorn -EV2

9:00 Morning Greetings
10:30 Exercise - EV2
11:00 Name Ten -EV2
2:00 Room Visit
2:30 Things I love-EV 2
3:00 *Snack Social-EV 2*

9:00 News Papers & Mail Delivery
10:30 Self-Directed Activity
11:00 Self-Directed Exercise, Channel 976
2:00 Self-Directed Activity

9:00 Morning Greetings
10:30 Self-Directed Activity
11:00 Self-Directed Exercise, Channel 976
2:00 Self-Directed Activity

9:00 Morning Greetings
10:30 Fitness matters-EV 1
11:00 Calendar Planning - EV 1
2:00 Room Visits
2:30 BINGO –EV1

9:00 Morning Greetings
10:30 Chair Exercise: Full Body Workout –EV 2
11:00 Music and Lyrics - EV 2
2:00 Garden Walk
2:30 SPA –EV 2

9:00 Morning Greetings
10:30 Bell Choir-EV1
11:00 Inspiration W/ Pastor Lyons-EV1
2:30 Happy Hour Steve Little-GR

9:00 Morning Greetings
10:30 Chair Exercise- EV 2
11:00 Story Time- EV 2
2:30 Art Therapy –EV 1

9:00 Morning Greetings
10:30 Exercise
11:00 Do you Remember –EV2
2:00 Room Visit
2:30 TV SHOWS –EV2
3:00 *Snack Social-EV2*

9:00 News Papers & Mail Delivery
10:30 Self-Directed Activity
11:00 Self-Directed Exercise, Channel 976
2:00 Self-Directed Activity

9:00 Morning Greetings
10:30 Self-Directed Activity
11:00 Self-Directed Exercise, Channel 976
2:00 Self-Directed Activity

Flag Day (US)

9:00 Morning Greetings
10:30 Fitness matters-EV1
11:00 Resident Council-EV1
2:00 Room Visits
2:30 BINGO- EV1

9:00 Morning Greetings
10:30 Chair Exercise: Full Body Workout –EV 2
11:00 Summer Music- EV 2
2:00 Garden Walk
2:30 Painting Pottery- EV 2

9:00 Morning Greetings
10:30 Bell Choir-EV1
11:00 Inspiration W/ Pastor Lyons-EV1
2:30 Happy Hour-GR

9:00 Morning Greetings
10:30 Chair Exercise-EV 2
11:00 Summer Music- EV 2
2:00 Afternoon Matinee and Popcorn -EV2

9:00 Morning Greetings
10:30 Exercise
11:00 June Music- EV 2
2:00 Room Visit
2:30 Comedy
3:00 *Snack Social-EV 2*

Juneteenth

9:00 News Papers & Mail Delivery
10:30 Self-Directed Activity
11:00 Self-Directed Exercise, Channel 976
2:00 Self-Directed Activity

Summer Begins
Father's Day

9:00 Morning Greetings
10:30 Self-Directed Activity
11:00 Self-Directed Exercise, Channel 976
2:00 Self-Directed Activity

9:00 Morning Greetings
10:30 Fitness matters-EV1
11:00 Candy Trivia- EV1
2:00 Room Visits
2:30 BINGO- EV1

9:00 Morning Greetings
10:30 Chair Exercise: Full Body Workout –EV 2
11:00 Q & A -EV 2
2:00 Garden Walk
2:30 Bridge – EV 1
3:00 Ice Cream Social-EV 2

9:00 Morning Greetings
10:30 Bell Choir-EV1
11:00 Inspiration W/ Pastor Lyons-EV1
2:30 Happy Hour-GR

9:00 Morning Greetings
10:30 Chair Exercise-EV 2
11:00 Morning Chat- EV2
2:30 Art Therapy-EV2

9:00 Morning Greetings
10:30 Exercise
11:00 Sing Along
2:00 Room Visit
2:30 Walking Club
3:00 *Snack Social-EV2*

9:00 News Papers & Mail Delivery
10:30 Self-Directed Activity
11:00 Self-Directed Exercise, Channel 976
2:00 Self-Directed Activity

9:00 Morning Greetings
10:30 Self-Directed Activity
11:00 Self-Directed Exercise, Channel 976
2:00 Self-Directed Activity

9:00 Morning Greetings
10:30 Fitness matters-EV1
11:00 Flash Card- EV 1
2:00 Room Visits
2:30 BINGO- EV 1

9:00 Morning Greetings
10:30 Chair Exercise: Full Body Workout –EV 2
11:00 Sing Along
2:00 Garden Walk
2:30 Refreshments-EV2
3:00 Card Game-EV2

June 2021

EVERGREEN TERRACE 1 & 2