

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>Call Brenda at 301-572-8399 ext. 6062233 with Questions and Special Requests.. Brenda is not in on (Friday and Saturday)</p>		<p>10:15 Morning Greeting 1 10:30 Music Group 11:00 Trivia 2:00 Room Visit 2:30 Table Games/ Puzzles 2:30 Nail Spa 4:00 Current EVENTS 4:30 Local News</p>	<p>10:15 Morning Greeting 2 10:30 Exercise TV 976 11:00 Finish The Phrase 1:00 Timeless Trivia Video 2:00 Room Visit 2:30 BINGO 4:30 Local News</p>	<p>10:15 Morning Greeting 3 10:30 Sr. Hand & Wrist Movement w Ball 11:00 Brain Fitness 2:00 Room Visit 2:30 Why Limit Happy to an Hour! 4:30 Evening News</p>	<p>10:15 Morning Greeting 4 TUNE IN TO RWV TV Channel Church 976 11 AM Exercise 972 2PM Games/ Puzzles (Sun Room) Visit ALLDAY with Family and Friends</p>	<p>10:15 Morning Greeting 5 TUNE IN TO RWV TV Channel Church 976 11 AM Exercise 972 2PM Games/ Puzzles (Sun Room) Visit ALLDAY with Family and Friends</p>
<p>10:15 Morning Greeting 6 10:30 Chair Yoga 11:00 Sunday Brew 2:00 Room Visit 2:30 Table Games/ Puzzles 2:30 Movie (Sunset Boulevard) 4:30 Chit Chat</p>	<p>10:15 Morning Greeting 7 10:30 Exercise 11:00 Visit w Ptr. Lyons 2:00 Room Visit 2:30 Table Games/ Puzzles 2:30 Non- Denominational Prayer Group 4:00 Story Time</p>	<p>10:15 Morning Greeting 8 10:30 Music Group 11:00 Trivia 2:00 Room Visit 2:30 Table Games/ Puzzles 2:30 Nail Spa 4:00 Current EVENTS 4:30 Local News</p>	<p>10:15 Morning Greeting 9 10:30 Exercise TV 976 11:00 Finish The Phrase 1:00 Timeless Trivia Video 2:00 Room Visit 2:30 BINGO 4:30 Local News</p>	<p>10:15 Morning Greeting 10 10:30 Sr. Hand & Wrist Movement w Ball 11:00 Brain Fitness 2:00 Room Visit 2:30 Paint and Sip! 4:30 Evening News</p>	<p>10:15 Morning Greeting 11 TUNE IN TO RWV TV Channel Church 976 11 AM Exercise 972 2PM Games/ Puzzles (Sun Room) Visit ALLDAY with Family and Friends</p>	<p>10:15 Morning Greeting 12 TUNE IN TO RWV TV Channel Church 976 11 AM Exercise 972 2PM Games/ Puzzles (Sun Room) Visit ALLDAY with Family and Friends</p>
<p>10:15 Morning Greeting 13 10:30 Chair Yoga 11:00 Sunday Brew 2:00 Room Visit 2:30 Table Games/ Puzzles 2:30 Movie (Little Women) 4:30 Chit Chat</p>	<p>10:15 Morning Greeting 14 10:30 Exercise 11:00 Visit w Ptr. Lyons 2:00 Room Visit 2:30 Table Games/ Puzzles 2:30 Non- Denominational Prayer Group 4:00 Story Time FLAG DAY! <small>Flag Day (US)</small></p>	<p>10:15 Morning Greeting 15 10:30 Music Group 11:00 Resident Council 2:00 Room Visit 2:30 Table Games/ Puzzles 2:30 Nail Spa 4:00 Current EVENTS 4:30 Local News</p>	<p>10:15 Morning Greeting 16 10:30 Exercise TV 976 11:00 Finish The Phrase 1:00 Timeless Trivia Video 2:00 Room Visit 2:30 BINGO 4:30 Local News</p>	<p>10:15 Morning Greeting 17 10:30 Sr. Hand & Wrist Movement w Ball 11:00 Brain Fitness 2:00 Room Visit 2:30 Funny Business! 4:30 Evening News</p>	<p>10:15 Morning Greeting 18 TUNE IN TO RWV TV Channel Church 976 11 AM Exercise 972 2PM Games/ Puzzles (Sun Room) Visit ALLDAY with Family and Friends</p>	<p>10:15 Morning Greeting 19 TUNE IN TO RWV TV Channel Church 976 11 AM Exercise 972 2PM Games/ Puzzles (Sun Room) Visit ALLDAY with Family and Friends JUNETEENTH! <small>Juneteenth</small></p>
<p>10:15 Morning Greeting 20 10:30 Chair Yoga 11:00 Sunday Brew 2:00 Room Visit 2:30 Table Games/ Puzzles 2:30 Father's Day Social! 4:30 Chit Chat SUMMER BEGINGS! <small>Summer Begins Father's Day</small></p>	<p>10:15 Morning Greeting 21 10:30 Exercise 11:00 Visit w Ptr. Lyons 2:00 Room Visit 2:30 Table Games/ Puzzles 2:30 Non- Denominational Prayer Group 4:00 Story Time</p>	<p>10:15 Morning Greeting 22 10:30 Music Group 11:00 Trivia 2:00 Room Visit 2:30 Table Games/ Puzzles 2:30 Nail Spa 4:00 Current EVENTS 4:30 Local News</p>	<p>10:15 Morning Greeting 23 10:30 Exercise TV 976 11:00 Finish The Phrase 1:00 Timeless Trivia Video 2:00 Room Visit 2:30 BINGO 4:30 Local News</p>	<p>10:15 Morning Greeting 24 10:30 Sr. Hand & Wrist Movement w Ball 11:00 Brain Fitness 2:00 Room Visit 2:30 Beach Party! 4:30 Evening News</p>	<p>10:15 Morning Greeting 25 TUNE IN TO RWV TV Channel Church 976 11 AM Exercise 972 2PM Games/ Puzzles (Sun Room) Visit ALLDAY with Family and Friends</p>	<p>10:15 Morning Greeting 26 TUNE IN TO RWV TV Channel Church 976 11 AM Exercise 972 2PM Games/ Puzzles (Sun Room) Visit ALLDAY with Family and Friends</p>
<p>10:15 Morning Greeting 27 10:30 Chair Yoga 11:00 Sunday Brew 2:00 Room Visit 2:30 Table Games/ Puzzles 2:30 Movie (Book Club) 4:30 Chit Chat</p>	<p>10:15 Morning Greeting 28 10:30 Exercise 11:00 Visit w Ptr. Lyons 2:00 Room Visit 2:30 Table Games/ Puzzles 2:30 Non- Denominational Prayer Group 4:00 Story Time</p>	<p>10:15 Morning Greeting 29 10:30 Music Group 11:00 Trivia 2:00 Room Visit 2:30 Table Games/ Puzzles 2:30 Nail Spa 4:00 Current EVENTS 4:30 Local News</p>	<p>10:15 Morning Greeting 30 10:30 Exercise TV 976 11:00 Finish The Phrase 1:00 Timeless Trivia Video 2:00 Room Visit 2:30 BINGO 4:30 Local News</p>	<p>June 2021 OAK GROVE 3 Activity Calendar</p>		<p>Tune into our 1st Resident Council in a year. Tuesday June 15th; at 11am in the TV lounge.</p>

ABR Activities are subject to change without notice.

MASK and SOCIAL DISTANCING are required during all group activities. Thank you

